

# Testing Help Me?



**Are you tired?**

**Depressed or having mood swings?**

**Trouble losing weight?**

**Do you want to lower your risk for dementia, cancer, or heart disease?**

If you've answered yes to any of these questions, Genova's advanced nutritional testing may be the answer. [Talk to your doctor today](#).

## Balance



Disease Prevention



Increased Energy

## FAQs

- Is comprehensive nutritional testing right for me?

Genova nutritional testing is designed to identify and target nutritional imbalances, offering personalized patient recommendations. [Talk to your doctor today to see how Genova testing can help you.](#)

- Will my health insurance cover Genova nutritional testing?

Genova offers patients the ability to use their commercial health insurance to pay for their testing. We also offer a number of other billing options including payment plans.

- How do I get started with Genova nutritional testing?

Talk to your doctor about your symptoms to see if Genova nutritional testing is right for you. They can provide you with proper testing options based on your clinical needs. You can also visit Genova's website at [www.gdx.net](http://www.gdx.net) for more information on our company and our testing.

## NUTRITIONAL TESTING

### How can adequate nutrition improve your health?



## Can Genova's Nutritional

Poor nutrition contributes to many chronic diseases. Rather than treating your symptoms, optimizing nutrition may actually help address the root cause of your ailments.



## The Benefits of Nutritional



Weight Loss



Mental Wellness

**GENOVA**  
DIAGNOSTICS®

[www.gdx.net](http://www.gdx.net) • 800.522.4762  
[www.gdx.net/UK](http://www.gdx.net/UK) • +44 (0)20 8336 7750

© 2019 Genova Diagnostics  
n,br,NutritionBro,012419

**GENOVA**  
DIAGNOSTICS®

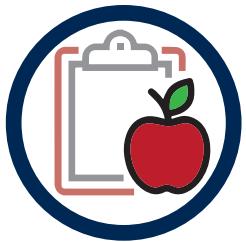


## How can adequate nutrition improve your health?



- Nutrition is powerful! A few simple tweaks can make a big difference in your body and how you feel. Testing can help pinpoint where to make adjustments.
- The right amounts of **vitamins and minerals** are needed to keep your body running smoothly, which can **boost your metabolism**, give you more **energy**, and **stabilize your weight**.
- **Healthy fats** decrease inflammation and protect the **heart and brain**.
- **Proteins and amino acids** from your diet can affect your **mood**.

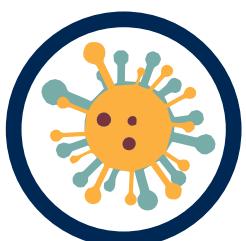
## How is Genova's nutritional testing different?



- Genova nutritional testing measures 100s of areas in the body that are impacted by poor nutrition. Your results are presented in a **personalized report** so that your doctor can help **create a plan specific to your needs**.



- Genova's tests **identify subtle imbalances** related to many common health issues that can be found before standard labs can detect them.



- Our tests allow insights on how **nutrition** and the **environment** are **impacting your body**. Testing can reveal toxic exposures and measure your body's ability to neutralize those toxins.

## Genova's Nutritional Testing:

Nutritional testing can help you identify your unique nutritional needs! Ask your doctor how you may benefit from nutritional testing and build optimal health.

One of these Genova tests may be right for you:

**NutrEval<sup>®</sup>**  
GENOMICS

**ION<sup>®</sup>**  
INDIVIDUAL • OPTIMAL • NUTRITIONAL

**CardioION**

**Organix**



**Talk to your Doctor Today!**  
Visit [www.gdx.net](http://www.gdx.net) to learn more.



## About Genova Diagnostics

Genova Diagnostics is a leader in providing comprehensive laboratory testing. With 30+ years of extensive experience and expertise, our testing services are provided around the world. Our vision is to improve the lives and well-being of individuals by bringing insights to the complexity of health.

Genova offers a large variety of testing options including Nutritional, Gastrointestinal, Hormonal, Genomic, and Environmental laboratory tests.

- Fully licensed by The Clinical Laboratory Improvement Amendments (CLIA), a federal agency regulating clinical laboratory testing on humans.
- Established in 1986, Genova is headquartered in Asheville, NC and has locations in Atlanta, GA & London, England.
- Genova testing is only available through your doctor or other healthcare provider.
- Genova accepts all commercial insurance plans, works with Government payors, and offers payment plans for patients.

**GENOVA**  
DIAGNOSTICS<sup>®</sup>